

NDP sticks with the tried and true at convention



NDP

The world's largest global newspaper

metro



HALIFAX • MONDAY, AUGUST 17, 2009

metronews.ca

Yang delivers a major upset at PGA



Man dead after falling into harbour

TRAGEDY A 52-year-old man is dead after falling off the dock and into the harbour near the Halifax Ferry Terminal on the Halifax waterfront Saturday evening.

Halifax Regional Police say the man fell into the water at about 8:30 p.m. It hasn't been determined exactly how he fell in, but police say it was accidentally and that he was in the water for a short period of time.

"A woman jumped in to try and assist. A couple of police officers did the same and they got him out with the aid of paramedics and fire," said HRP's Staff Sgt. Richard Gilroy. "He was then taken to hospital where he was pronounced dead."

Police haven't yet released the name of the victim, who died at the QEII Health Sciences Centre in Halifax. An autopsy was to be conducted either yesterday or today.

PHILIP CROUCHER/METRO HALIFAX

World pg 6

Afghan vote approaching

Going Green pg 8



Nature creates hybrids too



Taras Valko, left, and Dziamyann Turchyn of Belarus celebrate their victory in the men's K4 200-metre final yesterday with their teammates Raman Piatrushenka and Vadzim Makhneu at the world sprint canoe/kayak championships on Lake Banook. More coverage, page 10.

Locals claim bronze

Pairing finish third in relay on closing day of event

MATTHEW WUEST
matthew.wuest@metronews.ca

The sun didn't stop shining and the crowds didn't stop cheering as Lake Banook hosted the world on the weekend.

Canada quietly earned four medals at the world sprint canoe-kayak championships on the sparkling Dartmouth water and finished the weekend third in the points standings.

Waverley's Karen Furneaux and Lake Echo's Genevieve Orton rewarded thousands of enthusiastic home fans for their nonstop support, winning bronze with the K-1 200 relay team in the second-to-last race of the week-

end. They joined Andrew Willocks and Richard Dober Jr. (bronze in the K-2 200), Adam van Koeverden (bronze in the K-2 1,000) and Christine Gauthier (gold in the women's K-1 paddleability) as the only Canadians to reach the podium.

"It means the world to leave on a positive note," the 25-year-old Orton said after racing the final leg of the relay. It was easy to get caught up in the excitement of the



Genevieve Orton

races as the crowd's noise level increased with each passing metre. Orton, on the water, joined right in during the relay.

"You know you're not supposed to be screaming your lungs out just before it's your turn in the relay but I couldn't help it," she said, smiling widely. "It was just so exciting."

Germany and Hungary, traditional powerhouses, dominated and placed 1-2 in the medal and points standings.

Although a handful of

Canadians came off the lake saying they were "disappointed" to not make the podium, Furneaux said there were "plenty of smiles in the tent."

"These are Olympic champions that are beating us," said Andrew Russell of Dartmouth after placing fourth in the C-4 200. "It's good company. We're really, really happy."

Weekend attendance was estimated in the tens of thousands and there was a fun, festival feel on the shores.

"It's been amazing," said Canada's Mark Oldershaw. "I knew it was going to be fun racing at home, but these fans really blew me away and made me proud to be a Canadian."

'Violent' arrest leads to Taser

PHILIP CROUCHER
philip.croucher@metronews.ca

COPS A 42-year-old man was Tasered by Halifax Regional Police yesterday morning for allegedly becoming violent and resisting arrest.

Halifax Regional Police say they responded to information about a man who had broken a window out of a vehicle on Mitchell Street. When they arrived and approached the man it led to a Taser being used "because of the level of violence shown toward police when they attempted to arrest him," said Staff Sgt. Richard Gilroy of HRP.

"He was swinging, punching, kicking. He was very violent," Gilroy added.

The Taser "had absolutely no effect on him," Gilroy said, and about four or five officers were needed to make the arrest. The man was then transported by ambulance to the QEII Health Sciences Centre.

Several officers received minor injuries in this incident, but Gilroy said all were back working a short time later.

"Between his arrest and transport to hospital, that's when the officers were assaulted," said Gilroy, adding the incident was "quite an ordeal."

The man also received minor injuries and is now undergoing mental and health assessments at the QEII, which police say could take a few days.

LASIK MD
VISION

LASER VISION
CORRECTION

Starting at

\$490 /eye* **TAX**

Financing available

ARE YOUR GLASSES & CONTACTS
WEIGHING YOU DOWN?



FREE Consultation: 1-866-999-0435 • HALIFAX: 1801 Hollis Street, Suite 400 • www.lasikmd.com

* Prices are subject to change without prior notice. Prices vary based on prescription strength. Applicable to surgery on both eyes only.

It is now cheaper to access information about the Nova Scotia government. The province announced Friday the application fee under the Freedom of Information and Protection of Privacy Act has been reduced from \$25 to \$5. In 2008, the government received more than 950 applications for information. **METRO HALIFAX**

Local



Hyde inquiry adjourned until October

The fatality inquiry into Howard Hyde has been adjourned until Monday, Oct. 19. A fifth week of testimony wrapped up Friday when it was reported that Deputy Sheriff Jim Crook testified he spoke to Hyde before his death and was told by the 45-year-old that he wasn't taking his medications because he thought they were poisoned. Hyde, off his medication for schizophrenia, was arrested, struggled with Halifax Regional Police and was Tasered in November of 2007. **METRO HALIFAX**



Ottawa to pitch in \$4.5M for projects

FUNDING Atlantic Canada Opportunities Agency Minister Peter MacKay announced a federal investment of \$4.5 million towards 25 projects across the province yesterday during the closing ceremonies of the world canoe-kayak championships at Lake Banook in Dartmouth.

The investment made under the government's Economic Action Plan includes \$1 million towards upgrades for Halifax's Centennial Pool and \$366,000 for renovations to the Maskwa Aquatic Club at Kearney Lake.

There is \$3 million worth of work scheduled to be done to Centennial Pool, including upgrading the ventilation system and renovate changing rooms.

The \$1.2 million worth of upgrades to Maskwa includes completion of a new recreational multipurpose centre and a new clubhouse with a fitness centre, volleyball, basketball courts and a children's daycare program. **METRO HALIFAX**

NDP votes to keep status quo

Public transit cash, fighting violence against women high up on convention agenda

PAUL MCLEOD
paul.mcleod@metronews.ca

They looked left, they looked right, but by the end of the federal NDP convention in Halifax the party decided to stay put.

A controversial motion to support marijuana legalization was pushed far enough down the agenda there was no time to debate it. Conversely, a centrist item on small business tax cuts met the same fate, as did the proposed NDP name change.

Motions approved included investing in renewable energy, giving more money to public transit and fighting violence against women — all applauded but hardly new to the party's policy books.

But despite a lack of drastic moves the gathering burst with self-assuredness — a feeling the votes will come to them.

"We talked about those who are quick to say it can't be done," NDP Leader Jack Layton said in his closing speech yesterday.

"My favourite these days: You'll never get an NDP government elected in Nova Scotia. It can't be done. Tell that to Premier Dexter."



Federal NDP Leader Jack Layton, left, and Sackville-Eastern Shore MP Peter Stoffer applaud as International United Steelworkers president Leo Gerard speaks during the NDP's national convention at the Halifax Metro Centre on Saturday.

Party support

- New Democratic Party Leader Jack Layton himself got a vote of confidence from within the party, with 89 per cent choosing to keep him in charge instead of calling a leadership convention.
- Former MP Peggy Nash was also elected the new president of the party.

The focus this weekend was clearly on winning, something the federal party has yet to do. There was no noticeable move to the

ers would be attracted to a new way of governing.

"We have both of the other parties traditionally in government advocating essentially a return to the old ways," Layton told reporters at the Halifax Metro Centre. "What you saw emerging from the ideas at this convention was a whole new way of thinking about the economy. I'm very excited about that."

Name change motion draws ire

CONVENTION The NDP name change never made it onto the table yesterday, after what some delegates called a filibuster.

The motion to consider dropping the "New" from New Democratic Party was sixth on a list of items to be debated over one hour at the federal NDP convention in Halifax.

But the first item — a series of constitutional changes — took up 57 minutes.

"It's filibustering," said one delegate who wished to remain anonymous.

"The opponents of the name change have organized to try and stall. And they're doing a pretty good job."

The delegate said such moves aren't unusual at party conventions.

"It's one of the tools you have when you oppose something. Rather than tempt fate with a vote you try to make sure there's no vote," he said.

Those opposed to the name change were highly visible at the Halifax convention as they passed around orange buttons.

PAUL MCLEOD/METRO HALIFAX

Waterfront Phantastyk!



The Phantastyks perform at the Halifax International Busker Festival on Saturday at the Halifax waterfront. The 23rd annual festival wrapped up yesterday.

Province moves on power caps

REGULATION The Nova Scotia government has announced it is one of the first provinces in Canada to be imposing regulated caps and greenhouse gas and air pollutant emissions from power generation facilities.

The plan officially announced Friday sees emission caps set for 2010, 2015 and 2020 as committed to under the province's Climate Change Action Plan.

"This is a major stride forward in meeting the

province's goals to combat climate change and its effects," Nova Scotia Environment Minister Sterling Belliveau said in a release Friday. "This will help achieve the key reductions called for in the Environmental Goals and Sustainable Prosperity Act, which commits the province to cutting greenhouse gas emissions by at least 10 per cent below 1990 levels by 2020 and significantly reducing emissions that cause air pollution."

The biggest emission reductions will come from Nova Scotia Power, a company the release said is responsible for 50 per cent of the province's greenhouse gas emissions and will have to achieve about half of the emissions reductions set out by the CCAP.

The release adds NSP "have said the caps are aggressive, but achievable." It's not known if in trying to meet these targets what effect that could have on customers. **METRO HALIFAX**

News in brief

LICENCES The province has announced it is giving some people more time to get their drivers' licences and vehicle registrations renewed. A government release said due to "unexpected periods of slow

service and interruptions with the province's Registry of Motor Vehicles system," drivers' licences and vehicle registrations expiring between Aug. 14 and Sept. 30 have been extended to Oct. 31. The extension

does not include in-transit single move permits, temporary vehicle permits and temporary drivers' licences. Inspection stickers are also not part of the extension. **METRO HALIFAX**

metronews.ca

What's online today.

Video Pranksters flipping over pint-sized Smart cars warned of serious consequences at metronews.ca/canada

Lotteries

Friday, Aug. 14
Lotto Super 7: 1, 3, 4, 10, 11, 32 & 46 Bonus 15
Saturday, Aug. 15
Lotto 6/49: 5, 6, 15, 31, 38 & 39 Bonus 36
These results are not official.

ADVERTISE TODAY!
1 888 91 metro (63876)

Ex-councillor Warshick to run for District 6 vacant seat

Former Halifax Regional Municipality councillor Brian Warshick is taking another run at office. Warshick, a HRM councillor from 2000 to 2004, said yesterday he is running for the vacant seat in District 6 (East-Dartmouth The Lakes). Warshick is one of a handful of people running for the seat, which will be voted on during a byelection Sept. 19. **METRO HALIFAX**

Brainless zombies take to streets

Gory paraders search for local sustenance in annual tribute to 'culture'

HILARY BEAUMONT
for Metro Halifax

Tourists aboard the Harbour Hopper laughed Saturday as zombies on a Spring Garden Road side-walk extended their arms to the amphibious vehicle, searching for sustenance. "Braaaaains," the zombies moaned loudly.

Dressed up as prom dates back from the dead, Rebecca Junkin and Adam Gunn staggered slowly down the city sidewalk with around 100 other zombie fanatics during the fourth annual Halifax Zombie Walk. In her shredded prom dress, Junkin tried her best not to break character.

"It's to pay tribute to zombie culture and just have a good time and maybe scare some people," she said of the event. Gunn, wearing a graduation cap, grunted his agreement.

"It's definitely becoming more and more popular," event organizer Alex Isenor said about zombie culture.

Though the gory parade stalled traffic, most of those waiting in cars on Spring Garden Road laughed or snapped photos with camera phones.



The undead stagger down Barrington Street in Halifax in search of brains during the annual Halifax Zombie Walk on Saturday. The walk went through various streets in the downtown.

Justin Payne, a self-described zombie fiend with blood smeared all over his chin, said he'd been into zombies since he played the Resident Evil video game as a kid.

"They're so sloppy," he said. "They kind of repre-

sented a lot of the population. A lot of people are just mindless zombies."

Payne says he's grateful for Halifax's "zombie scene."

"Cities have, like, a music scene; we have a zombie scene," he said.

Local filmmaker Chris MacIsaac took advantage of the costumed crowd to help make "Zombimentary," a spoof of Shark Water.

"This year I wanted to go in it, but then I seen how big it was getting," MacIsaac said. "So I just

said, 'okay, screw that. I've got to get a camera.'"

The zombie crowd in the graveyard behind him roared their approval. A group of zombie dancers had just finished the full routine from Michael Jackson's Thriller.

Man hurt in suspected assault

INVESTIGATION Halifax Regional Police are continuing to investigate a suspected assault that left a 27-year-old man with serious head and face injuries.

Police say at 6:05 a.m. on Saturday they responded to the area of the basketball courts on Withrod Avenue in Halifax to a report of an injured person.

When they arrived they found the victim. He was taken to the QEII Health Sciences Centre where he was to undergo surgery for broken facial bones.

The victim was "less than co-operative," said HRP, with the investigation continuing. **METRO HALIFAX**

News in brief

STABBING A 49-year-old woman is facing various weapon charges after HRP say a man was stabbed on Ridge Valley Road in Halifax at about 1 p.m. Friday. The victim received medical treatment and was released, police say.

SEATBELTS Two occupants of a vehicle that struck a guardrail, flipped and landed on its roof on Highway 102 around noon Saturday received only minor cuts and bruises, something police credit to the fact both were wearing seatbelts. **METRO HALIFAX**

'Better than rain' — hot, sunny weather finally bakes Halifax

The heat is on in Halifax.

In a summer that has been a lot about rain and coolish temperatures, the past two days of hot weather has been welcome relief for a lot of people who have been wondering when the 30-degree weather would finally find us.

"I'm loving it. I'm loving it," said Paula MacPherson, who brought her two children from Wolfville to the Halifax waterfront yesterday to see Theodore Tugboat. "Bring it on."

In-land temperatures hovered around the 30 C mark both Saturday and Sunday,

with today expected to bring more of the same, according to Environment Canada.

And the rest of the week looks hot too, with Environment Canada forecasting sunny weather with temperatures in the mid-to-upper 20s.

"Yes and no. I prefer it over the rain," Hannah Saunders said of whether she's enjoying this heat wave.

The Halifax resident spent the weekend on the waterfront working eight hours each day for Tall Ship Silva. She made sure not to get overheated by taking

breaks in the shade and getting drinks off the boat.

"I think if I wasn't working in it, I wouldn't complain at all," she added.

The waterfront was packed with people in the early afternoon yesterday, with some carrying umbrellas to keep the hot sun off

them, while one mother poured water over her son's head to keep him cool.

"A little too hot today," said Moncton's Rick Joyce, who was in town for the final day of the Halifax International Buskers Festival. "It's better than rain, though."

PHILIP CROUCHER/METRO HALIFAX

'Consensual fight' leaves man with serious injuries

CHARGES A 20-year-old man is facing charges of aggravated assault after Halifax Regional Police say a "consensual fight" between two people resulted in serious head injuries to a 44-year-old victim.

Police say at 10:46 p.m. on Thursday they were called to the intersection of Pine Street and Prince

Albert Road in Dartmouth in regards to someone being injured. When they arrived they learned that two men known to each other got into a fight, with the 44-year-old being taken to the Dartmouth General Hospital, then the QEII Health Sciences Centre in Halifax, with life-threatening injuries. **METRO HALIFAX**

WHAT ARE YOU DOING NEXT YEAR?



Jump start your future with a career in:

- Paralegal
- Medical Office Administration
- Office Administration
- Small Business
- Accounting Specialist
- Veterinary Assistant



Halifax and Dartmouth

Telephone: (902) 423-6516

Toll Free: 1-800-550-6516

maritimebusinesscollege.ca

Looking for People Who Get It!

RAMEY INVESTMENTS



Blaine Conrad, CFP
Financial Planner

bconrad@rameyinvestments.com 488-0166

Aboriginal protesters have ended a demonstration at the \$1-billion, 200-megawatt Wuskwatim dam generating station in northern Manitoba, CBC News Online reports. Manitoba chiefs and Nisichawayishk Cree Nation negotiated an agreement with Manitoba Hydro on hiring workers for the project. **METRO NEWS SERVICES**

Canada



Not out of recession yet: PM

Canada is not yet out of the recession that has gripped the world, Prime Minister Stephen Harper said Friday, adding that now is not the time for opposition parties to be contemplating an election. Canadian officials are expressing caution over the economy, saying that while there are signs the worst of the recession is over, they are not declaring victory yet. **REUTERS**

Improving relations drive Northern thaw

Quiet talks going on between Arctic rivals despite political posturing at home, abroad

In the tangled world of Arctic diplomacy, where nationalist ideas converge and sometimes clash at the top of the world in Cold War fashion, not all is as it seems.

When Defence Minister Peter MacKay rebukes Russia for Arctic bomber flights and Artur Chilingarov, Russia's hardline Arctic envoy, makes clear Moscow's northern ambitions, their chest-thumping is often aimed at a home audience.

"I kind of look at Chilingarov and Peter MacKay

playing a similar role in two different governments, playing to a sense of nationalism in their own country," said Michael Byers, Canadian research chair in international law and politics at the University of British Columbia.

Expect to hear a lot more on that theme next week as Prime Minister Stephen Harper heads north for a weeklong trip that will take him to all three territories.

The trip, which starts today, will see the prime minister attend a cabinet

Great expectations

• Expect Prime Minister Stephen Harper in his Arctic sojourn this week to tout his government's ambitions in the North, with big-ticket promis-

es like a \$720-million icebreaker, new patrol ships, and a new army training base and a deep-water port facility, both in Nunavut.

meeting in Iqaluit as well as visit the frontlines of "Operation Nanook," a major sovereignty exercise by the Canadian Forces and other government departments.

But Byers cites two episodes in February to

highlight the tangled diplomatic dance that drives Arctic politics, a mix of public chest-thumping and quiet backroom diplomacy.

On Feb. 18, two Russian bombers flew over the Arctic, sparking Canadian CF-

18 fighters to send a "strong signal that they should back off and stay out of our airspace," MacKay said shortly after the incident.

The tough rhetoric helped portray Ottawa as a staunch defender of Canada's north.

Yet just two days after the aerial showdown, Canadian and Russian diplomats met quietly in Moscow to discuss a common approach to some of the region's most contentious issues.

Alan Kessler, legal advis-

er to the foreign affairs department, and Roman Kolodkin, his Russian counterpart, talked about a "joint Russian-Canada-Denmark" submission to the United Nations commission looking at government claims to the continental shelf.

Such a surprise submission could mean a negotiated resolution to tricky issues of each country's claim to the Arctic region, and with it claims to potential offshore resource treasures.

TORSTAR NEWS SERVICE

Canada attempting to shrink hog production

FARMING Canada will pay some farmers to stop raising hogs and offer loans to help others restructure, assistance that drew praise from Canadian hog farmers and concerns from a top U.S. farmer group.

Agriculture Minister Gerry Ritz announced the assistance for the reeling industry Saturday.

The government will ask farmers to bid for funding totalling \$75 million to stop hog production for at least three years. Farmers have complained that they lose \$40 per hog they sell because of high feed costs and weak prices.

Banks will offer long-term loans at market rates backed by government credit to allow viable hog farms time to restructure. Short-term credit will also be available for operating

\$75M

The total funding amount available to hog farmers to stop production.

costs such as feed and payroll.

Government loans are a concern to the National Pork Producers Council which represents struggling U.S. hog farmers, said Nick Giordano, the council's vice-president.

"Producers can't get bank loans, so the Canadian government is stepping in. That's clearly a subsidy," said Giordano. "Money is flowing to producers that wouldn't otherwise. That's a concern to U.S. producers."

REUTERS

Ottawa to investigate woman's Kenyan ordeal: Minister

FALLOUT As Suaad Hagi Mohamud underwent hospital tests yesterday for an illness nagging her since her unwarranted stint in a Kenyan jail, Canada's public safety minister conceded the many unanswered questions in her case deserve answers.

"She's really sick," Mohamud's lawyer Raoul Boulakia said of the woman who arrived home to a hero's welcome at Pearson Saturday, and a tearful airport reunion with her 12-year-old son Mohamed Hussein, who she'd left with friends here while visiting her sick mother in Nairobi.

Even as Mohamud's doctors probed for answers, the Canadian government was beginning to look for its own answers in the case.

"From where we see it now it looks like it needs a bit of an explanation," Pub-



Suaad Hagi Mohamud, who was detained for three months in Kenya after authorities decided she didn't resemble her passport photo, embraces her son Mohamed Hussein upon her arrival at Pearson International Airport in Toronto Saturday.

lic Safety Minister Peter Van Loan said yesterday of Mohamud's ordeal.

The government, he

said, will seek to determine "what decisions were made, and why, and to get a sense of what actually oc-

curred."

But Van Loan said it's far too soon to talk about compensating the Toronto woman for her three-month ordeal, which began after Canadian high commission officials in Nairobi, Kenya, cancelled her Canadian passport and turned her over to Kenyan authorities as a stateless person — all because she didn't look like her four-year-old passport photo.

Less than 24 hours after landing at Pearson, Mohamud began undergoing tests in hospital.

She's been losing weight and suffering respiratory problems since her eight-day incarceration in June at Nairobi's Langata Women's Prison, Boulakia said.

Doctors were exploring whether she might have caught an infectious tropical disease, Boulakia said.

TORSTAR NEWS SERVICE

MOOSEHEAD
BREWERS LIMITED

EASTLINK

CANADIAN SENIOR CHAMPIONSHIPS

Coming to Metro...August 20-23



www.seniorbaseball09.ca



GUARANTEED LOWEST LONG DISTANCE RATES

No Matter Where you call, or What Rate You Pay
Comwave Will Beat it... Guaranteed!
(Even From Your Cell Phone!)



Latin America

Colombia.....	3.9 ¢
Ecuador.....	12.9 ¢
Guatemala....	10.9 ¢
Guyana.....	27.9 ¢
Honduras.....	15.9 ¢
Trinidad.....	7.9 ¢

South Asia

Afghanistan..	24.9 ¢
Bangladesh...	3.9 ¢
Bhutan.....	15.9 ¢
Nepal.....	7.9 ¢
Sri Lanka.....	11.9 ¢

Middle East

Egypt.....	14.9 ¢
Iran.....	3.9 ¢
Syria.....	18.9 ¢
Lebanon	9.9 ¢
Saudi Arabia...	3.9 ¢
U.A.E.....	16.9 ¢

Comwave Guarantees you the Lowest Rates to Call Anywhere in the World, For Life. So Even if you're Paying Less than our Advertised Rates, Call Today and we'll Beat it... **GUARANTEED!**



Make Long Distance calls to Anywhere in the World from your Cell Phone at Comwave's **GUARANTEED** Lowest Rates

- ✓ No need to cancel your service provider.
- ✓ \$10 Free Long Distance for every friend you refer
- ✓ No Contracts



NEW LOW RATE
INDIA

2.9
¢/min

Available with the Comwave India 10 Bundle, 335 mins for \$10/month.



The Comwave Bundles

Call over 20 Countries

only **1¢** /min

The Comwave Global Bundle

\$10/month = 1000 Minutes per Month = **1¢** /min

Argentina	Belgium	Brazil	Canada	China	Denmark	France
Germany	Hong Kong	Ireland	Israel	Italy	Mexico	Poland
Portugal	Russia	Singapore	Spain	Sweden	UK	USA



Limited Time Offer!

UNLIMITED

Calling to
Anywhere in

CANADA

\$5
/month

If you're paying less with your current provider, call us and we'll beat it...

GUARANTEED!



comwave

1-866-519-8090

www.comwave.ca

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. LONG DISTANCE: Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. 2.9 Cents per minute to India is based on a monthly plan of \$10/month for 335 minutes. Unused minutes do not roll over to the following month. Plan is based on a 1 yr term where early cancellation fees apply. There is a 30 day satisfaction period where you may cancel at any time. Unlimited Canada plan does not include calls to the Yukon, Nunavut or N.W.T. The Comwave Global Bundle does not include calls to overseas mobile phones. Calls to Argentina on this bundle are to Buenos Aires. Calls to Brazil on this bundle are to Rio De Janeiro and Sao Paulo. Calls to Overseas Mobile Phones may be billed at a higher rate.

Tropical storm Claudette, the third of the Atlantic hurricane season, formed yesterday in the Gulf of Mexico east of the heaviest concentration of U.S. energy platforms, as two other storms, Ana and Bill, raced across the Atlantic. The six-month storm season had a slow start this year, but the three storms formed in just over a day. **REUTERS**

World



Senator asks for Suu Kyi's release

U.S. Senator Jim Webb said yesterday he had asked Myanmar to free opposition leader Aung San Suu Kyi, left, and let her take part in politics during talks that secured the release of an American jailed for visiting her. A Myanmar court sentenced Suu Kyi to another 18 months of house arrest for violating a security law after John Yettaw swam uninvited across a lake to her home in May. **REUTERS**

Vote nears in Afghanistan

Supporters of Afghanistan's main presidential candidates came out in their thousands yesterday in a last burst of campaign excitement with days to go before the ballot.

The few surveys that have been published show incumbent president Hamid Karzai in the lead, but not by enough to avoid a run-off against his surprisingly strong challenger, former foreign minister Abdullah Abdullah. By law, campaigning ends at midnight tonight, three days before Thursday's vote.

Karzai disappointed thousands in Kandahar who were hoping he would make an appearance at a rally addressed by his half-brother Ahmad Wali Karzai, Kandahar's



Supporters of Afghan presidential candidate Abdullah Abdullah film his speech with mobile phones at a rally in Kokcha, located in Afghanistan's northern Takhar province yesterday.

provincial council chief. Kandahar is Karzai's hometown as well as the

heartland of the Taliban whose fighters have vowed to disrupt the poll with at-

tacks. The UN says those threats may curb voter turnout. **REUTERS**

Ahmadinejad planning female cabinet ministers

IRAN President Mahmoud Ahmadinejad said yesterday he would propose at least three female ministers in his new cabinet following Iran's disputed election, an unprecedented move in the conservative Islamic state.

The hardline nationalist also said the West must be held to account for stoking unrest in Iran after the June 12 presidential vote, as the third mass trial of demonstrators accused of trying to overthrow clerical rule began.

The election and its aftermath have plunged Iran into its biggest internal crisis since the 1979 Islamic revolution, exposing deepening divisions within its ruling elite and also fur-

Seeking support

• Mahmoud Ahmadinejad's surprise announcement may be an attempt to shore up support among women. The president's moderate opponents campaigned on the need to enhance their position in Iran.

ther straining relations with the West.

Ahmadinejad has until Wednesday to present a cabinet to parliament for approval but may get a rough ride from the conservatives who dominate the assembly, as well as from his moderate foes who see his next government as illegitimate. **REUTERS**

N. Korea makes threat over drills

MILITARY Communist North Korea denounced impending joint military exercises by South Korea and the U.S., and said it would "wipe them out" with nuclear weapons if they threatened it, its KCNA news agency said yesterday. South Korean and U.S. forces start computer simulation and communication exercises today. They come in the wake of rare conciliatory moves by Pyongyang, which this month released two U.S.

Border reopened

• North Korea, whose relations with South Korea have turned increasingly bitter, said yesterday it had agreed to reopen its border to its neighbour.

journalists and a detained South Korean worker.

North Korea regularly denounces joint exercises as a preparation for invasion and nuclear war. **REUTERS**

News in brief

IRAQ A series of bombings in northern Iraq have triggered fiery accusations of blame between Arabs and Kurds, escalating a dispute over land and oil that has played into the hands of a resurgent al-Qaida. Truck bombings and suicide attacks have killed scores of people and caused enormous destruction near the troubled city

of Mosul this month.

STEEL China was forced to halt the privatization of a state-owned steel firm after a protest by thousands of workers who said they had not received fair pay. It was the second time in less than a month that workers have been able to stop the privatization of a Chinese steel plant. **REUTERS**

Now! More than ever.

Photographer **Freeman Patterson** required not one, but two liver transplant procedures at the QEII so he could continue to travel and capture images in locations around the world.

Now, more than ever, the QEII needs you to consider making a donation so that lives like Freeman's - and perhaps your own - will continue to be saved.

For Freeman's remarkable story of illness, recovery and travel, visit qe2foundation.ca

Photo: André Gallant

DONATE AT QE2FOUNDATION.CA OR CALL 473.7932

Now! More than ever.
You and the QEII

QEII FOUNDATION

EXCELLENCE • INNOVATION • LEADERSHIP

Brought to you with the assistance of Metro, a proud partner of the QEII

LEAKY BASEMENT?

Protect your home investment!
Wet, leaky basements made dry permanently inside and out.

SENIORS SAVE 10%!

effective • reliable • inexpensive • insured

CWC SYSTEMS Corp. 240-3245

HALIFAX

Publisher, Greg Lutes
Managing Editor, Philip Croucher

Sales Manager, Dianne Curran
Distribution Manager, April Doucette

METRO CANADA

Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart

Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt

Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mktg Director, Jodi Brown

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONews.CA

METRO CANADA: TORONTO | OTTAWA | MONTREAL | HALIFAX | EDMONTON | CALGARY | VANCOUVER

Comment

Cutting down memories

HineSight

Anne Hines

metronews.ca/hinesight

I have committed an eco-crime. Worse than using household cleaners so toxic they can neutralize a nuclear waste dump because, frankly, anyone who thinks all I need is soda water and elbow grease hasn't seen my bathroom. Worse than standing on my front step in February, pointing a spray can at the ozone layer — by that time of year I start to think of the Greenhouse Effect as God's little gift to those of us who can't afford a Caribbean cruise.

What I did was this — I am a tree killer.

In my front yard there is ... was ... an aged cherry tree. Weeks ago the City Works Dept. declared the

tree dangerously frail.

Yesterday, workers arrived to cut it down.

"I'm not emotionally prepared," I said.

City Workers: No problem. It's going to take at least 10 minutes to get our equipment ready.

Me: I might need longer.

They eye me warily with that "we're used to dealing with insane members of the public" look perfected by civic workers and retail clerks.

Workers: How long?

Me: Enough time to find some neighbours who will stand around sharing favourite tree-related stories, join in a ritual group tree-hug ... then maybe have some barbe-

cue. Is that too much to ask?

Workers: Not at all. So long as you can make it happen in the next 10 minutes.

I don't blame these men. I loved the tree.

But, the things that really matter in life fall into two categories: very reasonable, rational things we care about ourselves, and total-

Neighbour: You cut down your tree.

Me: The city did. It was really old. Over 80. When something's decrepit, you have to get rid of it, right?

Neighbour's mother: I'm 83. Tree killer.

I called my Eco-champion friend, Rose.

Me: I'm going to write a book about how I'm not a tree killer. A sweeping saga. "Gone With The Chainsaw."

Rose: Using huge wads of paper might not be the best way to prove you care about trees.

In spring, the city will plant a silver oak. I will feed and water it.

I will become known again, I hope, as a tree nurturer. In the meantime, there's something I'll miss far more than my eco-friendly reputation.

I'll miss my cherry tree.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.



A DEVICE USED TO INCAPACITATE AN ADVERSARY



DITTO



Worth mentioning

Chavez says Obama losing it, warns of imperial expansion

U.S. President Barack Obama is "lost in the Andromeda" galaxy on Latin American policy, his chief critic in the region, Venezuelan leader Hugo Chavez, said yesterday, while warning of U.S. "imperial expansion."

Last week Obama said critics of U.S. involvement in Latin America who are now asking Washington to do more to restore the ousted president of Honduras "can't have it both ways."

"We are not asking you to intervene in Honduras, Obama. On the contrary, we are asking that 'the empire' get its hands off Honduras and get its claws out of Latin America," Chavez said in a television interview.

Chavez repeated an accusation that the United States had

prior knowledge of the coup that deposed Honduran President Manuel Zelaya on June 28 and the military plane that flew Zelaya out of the country had used a U.S. base in Honduras.

Venezuela is planning to beef up its army by buying tanks and other weapons from Russia, Chavez said, adding that his country needs to be prepared for an attack.

Chavez claims the United States wants to control Venezuela's huge oil reserves as well as the Amazon region.

"This is just the start of an imperial military expansion," warned Chavez.

REUTERS



Hugo Chavez

Views

The seven deadly sins of greenwashing

CleanBreak

Rochelle Owen

metronews.ca/cleanbreak

Everyone seems to be claiming they have a green product. How can you tell if it is legitimate or not?

If you are purchasing something new, the following resources and tips can provide some direction. The second version of the popular Sins of Greenwashing report was released this year at <http://sinsofgreenwashing.org/>. The seven sins committed by companies as outlined in the report include:

1. Sin of Hidden Trade: highlighting one green feature and ignoring another.

2. Sin of No Proof: making an environmental claim that cannot be easily substantiated.

3. Sin of Vagueness: poorly defined or broad claims.

4. Sin of Irrelevance: truthful but unimportant or unhelpful.

5. Sin of Lesser of Two Evils: a true claim that aims to distract from greater environmental impacts.

6. Sin of Fudging: making a claim that is false.

7. Sin of Worshipping False Labels: providing fake labels or claims of third-party support.

If you are purchasing a new product or food item,

here are some tips on how to make sustainable purchases.

Consider factors like the environment and sustainability track record, packaging, where the products are made or grown, and the costs of disposal.

For example, I look for products that have minimal packaging, that can be composted or recycled in HRM, that are made with high-recycled content and are manufactured with low toxicity and energy, and that use responsible farming, forestry, fishing and social practices.

Legitimate certifications can help provide a guide — here are a few.

Canada's Eco-Logo, the three doves intertwined, certifies a number of products for criteria such as en-

ergy and toxics. So does the Green Seal program.

Energy Star-certified products meet lower energy consumption standards. The Fair Trade logo often seen on foods, such as coffee, and clothing items is a globe with figure half white and black.

For food, I try to buy local, organic products (USDA organic label is legit), and look for symbols such as the Marine Stewardship Council logo.

I always say try your best, as you will have to make tradeoffs.

If we all try to purchase more sustainable products, we can drive the market demand.

Rochelle Owen is director of sustainability at Dalhousie University. She has worked in the environment and sustainability field for 19 years; rochelle.owen@gmail.com.

Tell us your views by email to halifaxletters@metronews.ca or comment on metronews.ca or on Twitter @metrohalifax

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

If you want to increase your car's fuel efficiency, make sure to get that junk out of the trunk. Extra weight decreases gas mileage and every 100 kilograms of unnecessary weight adds half a litre per 100 km to your vehicle's fuel consumption. **DAVID SUZUKI FOUNDATION**

Lighten up: Get that junk out of your trunk

Going Green

Bixi going overseas

Montreal is exporting its Bixi bike-rental program launched in May overseas to London, England and south of the border to Boston, CBC News Online reports. Montreal will also submit a bid when New York City issues a call for tenders for a bike-rental system.

METRO NEWS SERVICES

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

Nature creates its own hybrids

EarthTones

Sophia Dore & Andrew Laursen



Mythology is rife with monsters, hybrids between fierce

creatures that embody the most frightening features of each parent. Think about the sphinx, the centaur, the mermaid, and the pantheon of Egyptian gods. Our fascination with these hybrids did not end with the ancients, just google "hybrids" and you will see the results of some bizarre

breeding programs. As interesting as the names "tigon and liger," "pizzly bear," "zonkey."

This weekend's Toronto Star ran a story about a less startling, but ecologically more important hybrid, the coywolf. Coyotes, wolves, and domesticated dogs can all interbreed freely, but generally do not given differences in social behaviour and opportunity. However, recent eastward expansion of the coyote's range, and fewer "would-be" mates for the wolves due to shrinking populations may have tipped the balance, increasing the likelihood of wolves and coyotes interbreeding.

The resulting offspring, coywolves, have some traits of wolves (large size and pack hunting) and some of coyotes (smaller home range, flexibility in habitat



Humans are often behind odd couplings, such as these "tiger" cubs, but "hybrids" can also occur naturally, our columnists say.

requirements, less wary of humans). This combination is creating a conflict in the rural-suburban areas, as these new hybrids are bold

enough to hunt in packs during the daylight.

Flying under the radar are hybridizations between plant species or inverte-

brate animals. Often these hybridizations are with invasive species, new to a habitat.

Often when we write articles about environmental challenges, the subtext is that we as a species are directly to blame. This one is a bit different. Humans do not dictate the behaviours and proclivities of plants and animals. However, we do introduce would-be mates by moving exotic species around the planet (accidentally or intentionally), by altering habitat, and by reducing populations. We do not make the lonely wolf odd enough to mate with a coyote, but we may leave the odd wolf lonely.

Sophia Dore is an environmental scientist with Conestoga-Rovers & Associates. Andrew Laursen is an assistant professor at Ryerson University. earthtones.metro@gmail.com.

Cycling keeps doctor away

COMMUTE According to Vélo Québec, 59 per cent of employees who bike to work enjoy their commute, compared to just 38 per cent of employees who drive.

Cycling is great for your heart, your body and your mood. It's a great aerobic workout that allows people of all ages to get moving and start seeing the benefits in just a few weeks. In addition to increasing lung function and reducing stress, regular cycling increases blood circulation in your legs, keeps osteoporosis at bay and transforms fat into muscle.

However, it's important that you find the right balance and pace yourself. When you're starting out, stick to fairly flat terrain, and limit your ride to no more than an hour and a half.

NEWS CANADA

Z103.5
THE BEAT OF HALIFAX



SUMMER HEAT TOUR

You name it and Z103.5 will be there!
Listen to Z103.5 for the hottest parties and events – you could win a 2010 Kia Soul courtesy of O'Regan's Kia and Z103.5

Visit z103halifax.com for details!



Proud Sponsor

O'REGAN'S
DRIVING HIGHER STANDARDS

KIA

Kartbahn
Indoor Karting

Z103.5
THE BEAT OF HALIFAX

TSX closes slightly higher Friday

Canada's main stock index ended slightly higher Friday as an end-of-session rally in financial shares outweighed weakness in commodity stocks, which were under pressure after a U.S. consumer confidence report raised doubts about economic recovery. **REUTERS**

9

Business



Auto program hits donations

The popular "cash-for-clunkers" program is boosting U.S. auto sales and manufacturing, but is also slashing donations to charities that rely on gifts of cars to fund social programs, charity officials say. Volunteers of America and other charities said such donations have quickly fallen up to 12 per cent — and fear a 25 per cent drop eventually, or over \$100 million — as owners rush to trade gas guzzlers for new fuel-efficient models while federal rebates of up to \$4,500 last. **REUTERS**

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

U.S. energy investment threatens Canadian business

The Obama administration's titanic \$60-billion spending plan for the U.S. clean energy sector is luring investors away from "green" businesses in Canada, threatening the industry's growth here.

Already battered by recession and tight credit markets, Canada's renewable energy and clean technology companies must now compete for investment with their U.S. peers, who have an unprecedented cache of federal cash grants and tax incentives.

A start-up may think twice before setting up shop in Canada, curbing the country's ability to create jobs and generate tax revenue, and losing technological innovation.

"The U.S. has sent a very strong signal that renewable energy is going to play a central role in both energy-environment and economic recovery strategies. We don't have the same signals here federally," said Robert Hornung, president of the Canadian Wind Energy Association. **REUTERS**

74th U.S. bank failure

ECONOMY Colonial Bank, of Montgomery Ala., was shuttered Friday and its assets sold to BB&T Corp, marking the largest bank failure this year.

The bank closure, the 74th this year, brings an end to the Alabama lender which has seen its problems mount amid the financial crisis.

The failure of Colonial Bank is expected to cost the Federal Deposit Insurance Corp.'s insurance fund \$2.8 billion. **REUTERS**

In brief

BANKING When Allied Irish Banks confirmed it had been approached from a third party interested in taking a minority stake, it didn't take long before eyes turned to Canada. After Royal Bank of Canada denied it was the suitor, CIBC and TD Bank have emerged as the most likely candidates for a potential deal. **REUTERS**

Business in brief

MEDIA Comcast Corp. has been hoarding cash to better manage its balance sheet but

investors worry that it could be building a war chest for a splashy acquisition similar to

its failed 2004 bid for Walt Disney Co. Investors' value shares of Comcast at close to histori-

cal lows, as the top U.S. cable service provider's conservative balance sheet strategy has

rekindled speculation it wants to be a major player in the media content market. **REUTERS**

**We can think of 33,000 reasons
J.D. Power and Associates ranked us
Highest in Customer Satisfaction.**



Thank you to each and every one of our 33,000 employees for our fourth consecutive award.

It's the hard work and dedication of each and every one of our 33,000 employees that has helped us earn the rank of "Highest in Customer Satisfaction Among the Big Five Retail Banks" as rated by our customers. This prestigious recognition

underlines what we've known since we started over 150 years ago—service is everything. So, to all of you, we thank you for relentlessly striving to be the greatest in customer satisfaction. We're sure our customers feel the same way.

**To experience our customer service, call 1-800-436-3333,
visit a branch or go to www.tdcanadatrust.com**



Canada Trust

Banking can be this comfortable

TD Canada Trust received the highest numerical score among the big five retail banks in the proprietary J.D. Power and Associates 2006-2009 Canadian Retail Banking Customer Satisfaction StudySM. 2009 study based 12,555 total responses measuring 5 banks. Proprietary study results are based on experiences and perceptions of consumers surveyed in March-June 2009. Your experiences may vary. Visit jdpower.com

The world laser sailing championships open today at the St. Margaret Sailing Club. Close to 180 athletes will hit the water for the event, which runs Aug. 17 to 26. Laser worlds were last held in Canada 29 years ago in Kingston, Ont. **METRO NEWS SERVICES**

Sports

EDITOR: CHRIS.CLEMENTS@METRONews.CA



Smith takes Lucas Oil 100

Timberlea's Wayne Smith captured the Lucas Oil 100 at Scotia Speedworld near Halifax on Saturday. The defending Carquest Pro Stock Tour champion edged out Shawn Turple of Enfield and Lonnie Sommerville of Saint John, N.B.

METRO HALIFAX



Jenna Marks, left, and Maria Halavrezos compete in the women's C2 200m final at the world sprint canoe/kayak championships.

Dartmouth duo earn time on the podium

MATTHEW WUEST
matthew.wuest@metronews.ca

Dartmouth natives Maria Halavrezos and Jenna Marks spent more time on the podium than any other Canadians at the world sprint canoe-kayak championships yesterday.

Although their efforts didn't count toward the overall medal count or point standings, Halavrezos and Marks won gold together in a pair of exhibition events, the women's C-2 200 and 500 metres, while Marks won gold in the C-1 200.

Women's canoe has yet to gain international popularity, and the hometown girls

won on Lake Banook in a landslide.

"We wanted to win," Halavrezos said after the C-2 500. "In a way, yes, I wish it had been a little bit closer, but I'm very pleased with second and beyond, how close they were."

OLYMPIC PREVIEW? Andrew Willows of Gananoque, Ont., and Richard Dober Jr. of Trois-Rivières, Que., won bronze in the K-2 200 metres yesterday. It was announced last week the event would be added to the 2012 Olympics.

Willows described himself and Dober as "natural sprinters," making the 200 a good fit for them going forward.

"Knowing that that's now an Olympic event, we're pretty stoked ... We can build on that," he said.

OVERBOARD Halifax's Richard Dalton had one of the more interesting finishes yesterday, going overboard as he made one final push for a medal in the C-1 200. He came sixth in the tight race and was helped off by a rescue boat.

"I just tried to finish the last few strokes as hard as I could and shoot to the line," he said. "I guess I did that, but sixth place was way off what I was hoping to do."

'It's completely acceptable to be fifth in the world'

Adam van Koeverden puts race results in perspective

MATTHEW WUEST
matthew.wuest@metronews.ca

When Adam van Koeverden doesn't make the international podium, he usually isn't very satisfied.

But after a fifth-place finish in the K-1 500 metres at the world sprint canoe-kayak championships on Lake Banook yesterday, the three-time Olympic medalist came to terms with the result the minute he stepped off the water.

"It's completely acceptable to be fifth in the world today given everything I've gone through," he said.

Two months ago, the 27-year-old from Oakville, Ont., was being airlifted by helicopter out of the Grand Canyon after breaking his ankle on a whitewater rafting trip.

The fact that he had even made the podium at all on the weekend — in the K-1 1,000 on Saturday — was remarkable considering the two weeks he spent on crutches in June. His time of 1:39.043 in the 500 was about 3.5 seconds off his gold- and silver-medal-winning Olympic finishes.

"It wasn't the race I dreamed of," van Koeverden admitted. "But it wasn't the season I dreamed of, either."

Van Koeverden's race was first of the day, but most fans made sure they were on hand to see it. The popular paddler saluted them for their support after his race, maneuvering his kayak in front of the



Adam van Koeverden paddles off the water after competing in the men's K1 500m race at the world sprint canoe/kayak championships yesterday at Lake Banook. Ronald Rauhe won the race while van Koeverden finished in fifth.

How Nova Scotians fared

• Results for Nova Scotians at the world sprint canoe-kayak championships on Lake Banook (A Final unless otherwise noted):

Ryan Cochrane, Windsor: Sixth K-4 200.

Jillian D'Alessio, Middle Sackville: Ninth K-2 1,000.

Richard Dalton, Halifax: Fifth C-4 1,000; sixth C-1 200; sixth

C-1 200 relay.

Mark de Jonge, Halifax: Sixth K-4 200; fifth K-1 200 relay.

Karen Furneaux, Waverley: Third K-1 500 (B Final); third K-1 200 relay.

Maria Halavrezos, Dartmouth: First C-2 500 (exhibition); first C-2 500 (exhibition).

Una Louder, Dartmouth: Eighth K-2 500 (B Final).

Jenna Marks, Dartmouth: First

C-1 200 (exhibition); first C-2 200 (exhibition); first C-2 500 (exhibition).

Genevieve Orton, Lake Echo: Eighth K-4 500; eighth K-4 200; third K-1 200 relay.

Andrew Russell, Dartmouth: Fourth C-4 200; seventh C-2 500; eighth C-2 1,000; sixth C-1 200 relay.

Ben Russell, Dartmouth: Fifth C-4 1,000.

stands and twirling his cap.

"It's rare that you get to thank your home fans for their cheering and enthusiasm," van Koeverden said. "It was nice, even though my head was a little bit down."

This is the second straight summer that van Koeverden hasn't lived up to his own expectations. But he said the injury has helped him appreciate his career more, and he is "still really focused on go-

ing fast" as he retools for the 2012 Olympics.

"I'm hungry for next year and everything's great," he said.

"I still really, really enjoy racing my kayak for a living."

Herd forward quits to be full-time student

QMJHL Ned O'Brien has decided he will not be reporting to this week's training camp with the Halifax Mooseheads.

The 19-year-old forward informed the team via email on the weekend that he will be attending the University of New Brunswick full-time this year and is planning to try out for the defending national champion Varsity

Reds.

Training camp starts Wednesday at Cole Harbour Place.

O'Brien cracked the roster last season after an outstanding training camp, but his play slipped in the regular season and he had four goals and three assists in 55 games.

"Ned had a good camp

last year but he struggled for a large part of the season," said Mooseheads general manager and head coach Cam Russell.

"He was one of those bubble guys who would have really had to come back and impress us."

MATTHEW WUEST
/METRO HALIFAX



Ned O'Brien

Sports in brief

GAMES Nova Scotia's mixed tennis team opened the Canada Games in Charlottetown with a bang yesterday. The team won five out of six matches against Newfoundland and Labrador and was the lone Nova Scotia representative to come out on the winning side as the Games got underway. In other action, the men's beach volleyball team was swept 2-0 by P.E.I., while the women lost 2-0 to Alberta.

METRO HALIFAX

Great cards too!

ATLANTIC NEWS
Halifax's original newsstand.

More Than Just Magazines
at Queen and Morris

Over 1000 same day newspapers

Live music
Saturday Afternoons

429.5468
www.atlanticnews.ns.ca

NASCAR
New Hampshire Racing

Sept. 18-21 (3.5 days)
Starting Twin at \$525. p/p

Cost Includes: Coach Transportation, Accommodation & 2 day Race Tickets!

www.cabanatravel.ns.ca

CABANA CHARTER TOURS
Halifax 1-902-444-3350

Hospital releases Kuroda after taking line drive to head

Los Angeles Dodgers pitcher Hiroki Kuroda was released from the hospital yesterday morning and cleared to fly home with the team after taking a liner off his head in the sixth inning of Saturday night's game against the Arizona Diamondbacks. **METRO NEWS SERVICES**



South Korea's Yang Yong-eun, right, celebrates his victory after sinking a putt on the 18th hole of the PGA Championship yesterday at Hazeltine National Golf Club in Chaska, Minn. Tiger Woods finished second, the first time he's held a third-round lead at a major and failed to win the tournament.

Tiger tamed at PGA

South Korean Yang Yong-eun became Asia's first male major winner after overhauling Tiger Woods in stunning fashion to clinch the U.S. PGA Championship by three shots yesterday.

Trailing world No. 1 and overwhelming favourite Woods by two strokes overnight, Yang, ranked 110th in the world, kept his composure in difficult, swirling winds at Hazeltine National to fire a two-

under-par 70.

He snatched the lead for the first time when he spectacularly chipped in from just off the green to eagle the driveable par-four 14th on the way to an eight-under total of 280.

Although Yang collected his second bogey of the day by three-putting at the 17th, he finished in birdie style, striking a superb approach over a tree to 10 feet at the par-four last and coolly sinking the putt.

He punched his right fist in celebration before raising both hands above his head to acknowledge the roars from the huge gallery packed around the 18th green.

"I have tried to master the art of controlling my emotions throughout my career and I think it turned out quite well today," a beaming Yang, 37, said in a greenside interview, speaking through an interpreter.

REUTERS

USL for sale, MLS interested

It's Called Football

Ben Rycroft



metronews.ca/itscalledfootball

In what amounts to a Major League Soccer fan's wet dream, the lower-level United Soccer Leagues has been put up for sale and two league sources have confirmed that MLS has inquired into purchasing it.

It's long been debated, hypothesized and drooled over by those who follow the North American game: What would happen if MLS bought USL and created a promotion-relegation system similar to the one that exists in Europe?

It's a question that will have to wait, as I've been told a group of investors have the inside track on buying the USL — and that the deal will be coming to a conclusion very soon.

When contacted Friday, the USL front office offered little information.

"We are a private busi-

ness and as such it is not our intention to speak publicly to the media at this time," said Tim Holt, executive vice president and COO of the USL.

Holt would not comment on the financial state of the league, but did confirm that the league is still actively seeking expansion markets and that Ottawa is on a list of 15 potential cities.

"In the short term we are okay with being a second tier in North America. But the league needs to start asking the question: What are we aspiring to be? A very strong, stable second division? Or are we interested in chasing first division?"

Chris Economides, senior director of USL-1, answered one of those questions last week when he told a Cleveland newspaper that only three to six of the league's 11 teams are profitable. Economides also let it slip on Radio-Canada that Nike, the majority owner of USL, had put the team up for sale back in July.

Over the weekend, Vancouver Whitecaps president Bob Lenarduzzi con-

firmed to me that several groups had expressed interest in the USL, but was cautious not to say much more, as the deal was reaching a critical point in negotiations.

"The USL owners have been in the loop the whole way since Nike put the league up for sale. There are a couple groups that are interested," he said.

Two USL sources, speaking on the condition of anonymity, confirmed MLS' interest, but both said that it was looking less likely now, as MLS was not interested in the type of numbers Nike had asked for.

Their feeling was unless something dramatic happens, the third group, comprised of private investors, will be announced in the week ahead as the new owners of the USL.

It's a move that will keep MLS — with its stranglehold on the North American market — honest, but one that effectively kills any dreams of promotion-relegation in the near future.

Watch Ben Rycroft on the It's Called Football show every Monday at metronews.ca; ben.rycroft@metronews.ca

Bolt strikes world record again

TRACK Jamaica's Usain Bolt obliterated his own 100 metres world record to win the world championship final in a breathtaking 9.58 seconds yesterday.

The world's fastest man took a staggering 0.11 seconds off the 9.69 mark he set winning gold at the Beijing Olympics a year ago to the day, taking the event into a time zone undreamed of before his arrival on the scene.

American Tyson Gay, the

2007 world champion, ran the race of his life to finish second in 9.71, the third fastest time ever. Jamaican Asafa Powell claimed bronze in 9.84.

In contrast to the Olympic final, when he was able to coast over the line, Bolt saved his celebrations until the race was actually finished.

"I got 9.58 and I am really happy with myself," Bolt said.

REUTERS



Usain Bolt

Sports in brief

TENNIS Andy Murray overcame sweltering heat to beat Juan Martin del Potro 6-7, 7-6, 6-1 in the Rogers Cup final yesterday in Montreal. A day after replacing Rafael Nadal as world No. 2, Murray delivered a gritty performance to wear down the towering Argentine in two hours, 42 minutes.

BLUE JAYS Greg Zaun's pinch-hit grand slam in the eighth inning shattered a tie game and gave the Tampa Bay Rays a 5-2 victory over Toronto and a series win in the finale of a three-game set. **METRO NEWS SERVICES**



You may be eligible for a one-time provincial rebate of up to \$7,000

The Nova Scotia New Home Construction Rebate is available to a maximum of 1,500 people who are building or buying new homes.

Eligible new homes must

- be your permanent home
- have a building permit dated January 1, 2009 or later
- have completed construction or closed the sale by March 31, 2010

For more information

Visit **www.getyourrebate.ca**

Phone **424-5200** (HRM)

or **1-800-670-4357** toll free in Nova Scotia

or drop by any **Access Nova Scotia Centre**

New Home Construction Rebate... helping to kick start the economy and keep tradespeople at home

New Home CONSTRUCTION REBATE

Nova Scotia's
New Home Construction REBATE
NOVA SCOTIA



Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Financial aid boom in Ont.

After a dismal economic year for young people and scarce summer job opportunities, the Ontario Student Assistance Program has seen an increase in students turning to financial aid to finance their education. A spokesperson for the Ontario Ministry of Training, Colleges and Universities said OSAP applications are up for both universities and colleges. METRO NEWS SERVICES

The deeper the better

Mandy-Rae Cruickshank grew up wanting to be a marine biologist who worked with great white sharks. Although Cruickshank, now 35, grew up in landlocked Edmonton, she spent most of her time in the water and became a lifeguard and a competitive synchronized swimmer as a teen.

Then she met a marine biologist and he talked her out of a career that took years of expensive education.

"So I thought I'd be a scuba instructor. That sounds like a good way to stay in the water," says Cruickshank.

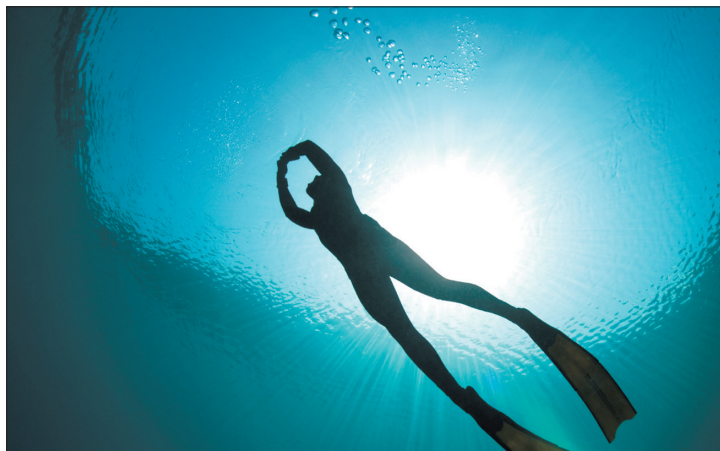
At 20, she moved to

Vancouver and started teaching scuba. She ended up teaching instructors and managing a dive shop.

Then she met her future husband, Kirk Krack, in 2000, and he introduced her to free diving. Eighteen months later she broke her first world record in the sport.

Free diving basically involves going down into the water as far as you can while holding your breath. No tanks, just fins and a mask.

There are nine different competitive disciplines in the sport — they measure either time underwater or distance travelled in either a pool or in the ocean — and Cruickshank holds world records in seven of



Mandy-Rae Cruickshank is a world-record free-diver and also runs training courses in the discipline.

them. Krack was already run-

ning Performance Freediving when they met. In 2006, the company started getting busy enough for Cruickshank to quit her job and help full-time.

The couple runs four-day courses in free diving to groups all around the world. Sometimes it's just

recreational divers, but they've also trained photographers and celebrities such as Tiger Woods and so-called endurance artist David Blaine.

Teaching days are long and physically exhausting. By the end of a course, participants can hold their breath for as long as five minutes underwater, dive as deep as 132 feet and practise good water safety. You can black out while doing these dives and without a buddy in the water you can die.

For the record, she can hold her breath for 6 minutes and 25 seconds.

Even when she's travelling, Cruickshank is constantly on her laptop and BlackBerry, taking care of

OddJobs

Diane Peters

Metronews.ca/oddjobs

The Lowdown

Job title: Free diver

Salary: \$40,000 a year

Education/training: Most divers are trained in scuba; Performance Freediving has developed its own certification

Best Part of the Job: "Meeting people and seeing them experience it for the first time. Seeing them realize they can do the unthinkable."

Worst Part of the Job: "The constant air travel."

the business side of the company. "When you're running your own company, you sometimes don't get days off," she says.

Recently, Performance Freediving opened an office in Vancouver, so staff are now helping out with some of the administrative work.

The couple spends every May in the Cayman Islands, training and competing in free diving. That's where Cruickshank has broken her world records.

They also get hired by documentary film crews to help with ocean shoots.

"The best decision I ever made was giving up a desk job to do something I love."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

HRTC Eligible Tax Credit \$1350

GARAGES

**FULLY ASSEMBLED, INCLUDING:
CONCRETE SLAB, MATERIAL & LABOUR**

24x24 STARTING AT \$12,900

OTHER SIZES AVAILABLE

QUALITY & DEPENDABILITY YOU CAN AFFORD

Cottage Garages, Deck Installation, Decks, Garage Builders, Installation and Design, Out Structures, Roofing, Shed Builders, Siding Installation, and Windows. **All materials under warranty!**

902.478.7433

www.bestbuiltstructures.ca

Jeremy@bestbuiltstructures.ca

MERCER'S BEST BUILT STRUCTURES INC

Home Instead
SENIOR CARE

To us, it's personal

Become a professional CAREGiver, and make a difference in the lives of seniors. Training, benefits and a schedule to fit your lifestyle.

To find out more please call:
902.429.2272
homeinstead.com/3008

YWCA HALIFAX | A TURNING POINT FOR WOMEN

Now accepting applications for Two Full-Time Program Coordinator's:

• Program Coordinator •

(Financial Literacy & Employability)

• Program Coordinator •

(Life Skills & Financial Literacy for Newcomers AND Organizational Growth)

For detailed information please visit www.ywcahalifax.com and follow the 'We're Hiring' link on our homepage.

Application Deadline - August 19th at noon. No phone calls please.

Bob Dylan not recognized by police

Music legend Bob Dylan was stopped last month by a police officer who did not recognize him. Officers were alerted after a man was spotted "acting suspiciously" while taking a stroll in New Jersey. Police demanded to see his ID. EONLINE.COM

13

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

Jackson tribute

Oscar winner A.R. Rahman is reportedly developing an album in memory of entertainment icon Michael Jackson, which will include musicians from all over the world.

METRO WORLD NEWS

Ledger smelled a rat

Late actor directed gory whaling video for Modest Mouse

CAM LINDSAY
for Metro Canada

You'd be forgiven for assuming that the reason behind a late summer Modest Mouse tour is the band's new record. But when asked if the North American tour was planned around the release date of the EP, No One's First, And You're Next, frontman Isaac Brock laughs and says, "No, but good timing, huh?"

Featuring three recent 7-inch singles and a pair of B-sides, the indie rock alumni's latest release is not a load of filler, but a compilation for the non-collectors. "The idea of the EP

"We kept discussing the idea and refining it, but (Heath Ledger) chose the animator. It was his baby. I just kept an eye on it."

Isaac Brock

was that not everybody owns a record player and was going to buy the singles that were released," Brock explains. "This is just a way to put these out so people who don't buy 7-inch records can get them all together. It's music, you don't have to be a format specific person to enjoy it."

So far, the song receiving most attention is King Rat. An unlikely single, the song has become the EP's focal point mostly because of its video — which was

directed by the late actor Heath Ledger. A stunningly gory animated short film that turns the tables on the whaling industry, Brock says he only played a small role in its creation. "We kept discussing the idea and refining it, but (Heath) chose the animator. It was his baby. I just kept an eye on it."

The EP will be the only new material the band will be performing on tour. As far as a sixth album goes, Brock says, "No, there isn't

Modest Mouse live

- Modest Mouse will be in Halifax tonight for a gig at the Halifax Forum Arena.

anything. There are a whole bunch of stems for songs. I'm gonna do this tour then come home, sit down and we're gonna really work on that."

Just months ago Modest Mouse wrapped up a two-year trek supporting 2007's *We Were Dead Before the Ship Even Sank*. Brock says the point of this new tour is simply to keep the well-oiled machine moving. "We like doing tours, but if we don't do it for too long we get kinda rusty."



No One's First, And You're Next, the latest EP from rock act Modest Mouse, includes the song King Rat, which is receiving attention because its video was directed by late actor Heath Ledger.

The band made Canadians proud by kicking off their month-long tour in Halifax followed by Montreal, Kingston and two Toronto shows. "To be honest, I'm not sitting down with a map and circling s—, it's not anything like that,"

Brock says in a wry tone. "It's like, 'Let's do this chunk of land and start in Halifax.' We start in Nova Scotia because I've never been and always wanted to go. And the rest just seemed like nice towns on the way."

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
8/17/09	31	31	31	ABC	News Center 5	ABC Wild News	Inside Edition	Chronicle	Who Wants to Be a Millionaire	Dating in the Dark (N)		Castle
	7	7	7	ASN	The Road to Avonlea	Instant Star	TMZ (N)	Just for Laughs	Gossip Girl (HDTV)	Two/Half Men	Big Bang Th	Atlantis
	11	11	11	CBC	Coronation St.	Jeopardy!	Little Mosque	Sophie (HDTV)	CBC News: The National			The Hour
	2	2	2	CBC-F	Dre Grey, leçons d'anatomie	Des saquelettes	La Petite vie	Chère Betty (HDTV) (SC)	Bons baisers de France (SC)	Le Téléjournal		
	32	32	32	CBS	WBZ News (N)	Evening News	The Insider (N)	Entertainment	How I Met	How I Met	Two/Half Men	Big Bang Th
	69	69	69	CFTM	TVA 18 heures	Sûreté-salé	Les Gags	Sketch Show	Laura Cadieux	Kmh (SC)		
	6	6	6	CHIF	Entertainment	ET Canada	Brothers & Sisters	House "Locked In"	Lie to Me (HDTV)			TVA 22 heures
	9	9	9	CJCH	etalk	Hollywood	CSI: Miami "ChipTuck"	Criminal Minds (HDTV)				News Final (N)
	10	10	10	ELTV	EastLink Mag.	Soccer Premiership -- Halifax City vs. Halifax Dunbrack. (Live)			EastLink Television			
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	House "Locked In"	Lie to Me (HDTV)		Fox First
news	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	Great American Road Trip (N)	Law & Order: Criminal Intent	Dateline NBC	
	29	29	29	NW	World News	Business	CBC News	Our World	The Hour	CBC News: The National		Allergy Planet
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Viewer Favorites						
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	Reversing Diabetes With Dr. Neal Barnard	Private Practice (SC)	Leonard Cohen Live in London		
	68	68	68	TQS	Rire et délire	Chemin du golf	C'Une joke	C'Une joke	CSI: NY (SC)	Le Sport		
	23	23	23	BNN	Business News	Headline	Market Call	Berman's Call	Taking Stock	Market Call		
	18	18	18	CNN	Situation Room-World Blitzer	Lou Dobbs Tonight			Campbell Brown (N)	Larry King Live (N)	Cooper 360	
	54	54	54	GOLF	Golf Central	Top 10	Learning	Lessons	The Golf Fix	Top 10	Golf Videos	Haney Project
	52	52	52	RSE	Sportsnet Connected	The Pen			MLB Baseball Minnesota Twins at Texas Rangers. (HDTV) (Live)			Lessons
	55	55	55	SCOR	(6) HSR	RaceNight			(10:15) WWE Monday Night Raw			
sports	45	45	45	SPD	Unique Whips	Pimp My Ride	Pass Time	This Week in NASCAR (N)	SuperCars	SuperCars		Auctions
	53	53	53	TSN	ATP Tennis	WTA Tennis Rogers Cup -- Day One. (HDTV) From Toronto. (Live)						SportsCentre
	43	43	43	FAM	Zoe 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek
	44	44	44	TOON	Ben 10	Johnny Two	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	Punch
	26	26	26	TREE	Ni Hao, Kai-lan	Big & Small	Backyardigans	Night Grdn	Max & Ruby	Franklin	Little Bear	Bucket-Dinos
	27	27	27	TYV	iCarly	True Jackson	The Next Star 2		Malcolm-Mid.	Futurama	League-Evil	Zixx Level
	16	16	16	A&E	Intervention "Brooke"	Intervention "Brad"			Intervention "Donald"		Intervention (HDTV) (N)	Hoarders
	70	70	70	APTN	APTN National News (N)	Notre People			Tam	Pachamama	Johnny Memonie * (1995, Science Fiction)	
	50	50	50	BET	106 & Park: BET's Top 10 Live (Live)				Rising Sun *** (1993, Mystery) Sean Connery, Harvey Keitel.			
	37	37	37	BRVO	Wind at My Back	When Moses Woke	Dallas Cheerleaders	Home Improve.	Home Improve.	Reba	Reba	Hope & Faith
family	25	25	25	CMT	Dedicated Aaron Pritchett. (N)	Air Force	22 Minutes	World's Wildest Police Videos	Cops Uncut	Dumb Criminal	The Simpsons	South Park
	49	49	49	COM	Laughs	Comedy Now			MythBusters	MythBusters	Dirty Jobs Spider venom.	My First Place
	153	153	153	COM	W-FIVE	Canada's Worst Driver	Daily Planet	Property Virgin	For Rent	Income Prop.	Marriage	My First Place
	38	38	38	DISC	Holmes on Homes	NCIS "Ex-File"	One Tree Hill	So You Think You Can Dance Canada	Ranked!		mmtop10.ca	Durham County (N)
	46	46	46	HIST	Tank Overhaul	Video on Trial	The Daily Fix	Sanctuary	Bounty Hunter	Bounty Hunter	Survivorman	Jackie Brown (1997, Crime Drama)
	17	17	17	MM	mmtop10.ca	(6:20) 45 R.P.M. (2008)	Ghost Hunters	Family Guy	Family Guy	House-Payne	House-Payne	Wild at Heart *** (1990, Drama)
	19	19	19	MM	Seinfeld	Friends	Family Guy	Family Guy	Family Guy	House-Payne	House-Payne	Wild at Heart *** (1990, Drama)
	201	201	201	M1	Mantracker	Friends	Family Guy	Family Guy	Family Guy	House-Payne	House-Payne	Wild at Heart *** (1990, Drama)
	48	48	48	OLN	Mantracker	Friends	Family Guy	Family Guy	Family Guy	House-Payne	House-Payne	Wild at Heart *** (1990, Drama)
	51	51	51	PEACH	Seinfeld	Friends	Family Guy	Family Guy	Family Guy	House-Payne	House-Payne	Wild at Heart *** (1990, Drama)
cable variety	206	206	206	PIX	(6:40) I Walk the Line (1970, Drama)	24 Hours on 60 minutes	The Outer Limits	Skinner	Skinner	Til Debt-Part	Newlywed	Newlywed
	67	67	67	RDI	RDI en direct	RDI en direct	The Outer Limits	Skinner	Skinner	Til Debt-Part	Newlywed	Newlywed
	39	39	39	SHOW	Trailer Park	Trailer Park	Skinner	Skinner	Skinner	Til Debt-Part	Newlywed	Newlywed
	40	40	40	SLICE	So Chic	Skin Deep	Stargate Atlantis	(DVS)	Stargate Atlantis	(DVS)	Stargate Atlantis	(DVS)
	47	47	47	SPACE	CSI: Crime Scene Instvgt.	CSI: Crime Scene Instvgt.	UFC Unleashed	UFC Unleashed	UFC Unleashed	UFC Unleashed	UFC Unleashed	UFC Unleashed
	14	14	14	SPIKE	etalk	Hollywood	etalk	etalk	etalk	etalk	etalk	etalk
	98	98	98	SLATE	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Cake Boss
	21	21	21	TLC	Office Temps	Que. champion	Journal de Fr2	Secrets d'histoire	Murder, She Wrote	Judging Amy	Style by Jory	Friends
	56	56	56	TROP	Que. champion	Journal de Fr2	Secrets d'histoire	Murder, She Wrote	Judging Amy	Style by Jory	Friends	Friends
	20	20	20	TV5	Nothing Too Good	Da Vinci's Inquest	Style by Jory	Friends	Friends	Friends	Friends	Friends
cable variety	28	28	28	V	Style by Jory	Friends	Friends	Friends	Friends	Friends	Friends	Friends
	60	60	60	VIVA	Style by Jory	Friends	Friends	Friends	Friends	Friends	Friends	Friends
	22	22	22	W	Be-Millionaire	Evening News	Two/Half Men	Family Guy	One Tree Hill (HDTV)	Gossip Girl (HDTV)		WGN News
	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	One Tree Hill (HDTV)	Gossip Girl (HDTV)		WGN News

critics' corner**Little Mosque on the Prairie**

There can't be that many qualified imams wandering around a town the size of Mercy, can there? Nevertheless, when Amaar (Zaib Shaikh) decides to come back from Toronto and resume his service at the mosque, he finds out he can't just pick up where he left off; he needs to reapply for the position. 8 PM on CBC

**Wild at Heart**

"Twin Peaks" addicts who thought they were used to director David Lynch's style still got shocks from his vivid 1990 melodrama. Nicolas Cage and Laura Dern play Sailor and Lula, young lovers fleeing from her disapproving and dangerous mother (Diane Ladd, Dern's real mom). Her pursuit of them leads the couple to a small town and a fateful encounter with a criminal (Willem Dafoe). 10 PM on PIX

Hoarders

Like its sister A&E shows "Intervention" and "Obsessed," this new series delves into the lives of troubled people and tries to get them help. In this case, it's people who fill their homes with stuff and can't throw anything out. The premiere introduces Jennifer and Ron, whose house is so cluttered they're afraid their children will be taken away, and Jill, who has four refrigerators and two freezers stuffed with decaying food. 11 PM on A&E

101.3 THE BOUNCE
Interactive
NINE@9

For August 14th

- Taylor Swift - You Belong With Me
- Cascada - Evacuate The Dancefloor
- Pitbull - Hotel Room Service
- Lola - High Heels
- Stereos - Summer Girl
- 3OH!3 - Starstruck
- Cobra Starship - Good Girls Go Bad
- Justin Bieber - One Time
- Black Eyed Peas - I Gotta Feeling

WE WANT YOU!
You could guest host the Interactive NINE@9 with Special Ed.
Email: special@1013thebounce.com

1013 THE BOUNCE.com



Kendra Wilkinson and Hank Baskett have picked a name for their son, who is due Christmas Day: Hank Baskett IV. Wilkinson explained: "Hank's dad and his grandfather were both named Hank, so it was very important to us to carry on the family tradition." **PEOPLE.COM**

Celebrity Buzz

Miley's bro vs. Jonas Bros?

OVERPROTECTIVE Don't look for Miley Cyrus's big brother Trace to join a boy band anytime soon, people.com reports.

"I'm not trying to clean my image to make anyone happy," the pierced and tattooed singer/guitarist for the rock group Metro Station told Details. "I could have gone the route of the Jonas Brothers. Those guys can't live their lives freely."

They have to put out this image that's totally fake."

Cyrus, 20, says he could take them all in a fight, though he'd back off on his sister's ex-boyfriend Nick.

"I don't think any of them would be much trouble," said Cyrus.

"I'd never lay a hand on Nick — I love that kid — but the other two better not get in my way."

METRO NEWS SERVICES



Jen a real workout-aholic

DEDICATION Jennifer Aniston works out at 3 a.m. every day, female-first.co.uk reports.

The 40-year-old actress, who is currently filming The Bounty in New York, wants to stay in shape despite her hectic schedule — so she gets up in the middle of the night to exercise.

"There are a lot of early starts

on set, so she has had to get up at 3 a.m. to get two hours in the gym before filming at 5 a.m. She is supposed to be playing a 35-year-old, and is concerned she won't look the part now she is 40. "It isn't just for this part, either. Every time she is offered the role of a mother, she turns it down — she wants the young characters."

METRO NEWS SERVICES



George arrested after accident

UH-OH Police arrested singer George Michael on suspicion of driving under the influence, but was he released without charges after a car accident near London Friday, people.com reports.

Michael was banned from driving for two years in 2007 after pleading guilty to driving under the influence.

METRO NEWS SERVICES



Multiple drugs complicate MJ case?

COMPLICATIONS For authorities investigating Michael Jackson's death, more could end up meaning less, people.com reports.

If the entertainer's autopsy report reveals other potent drugs besides the powerful anesthesia Propofol, as has been widely reported, prosecutors will have a more difficult time building a manslaughter case against Jackson's private physician, experts say.

In short: More drugs, potentially less criminal re-

sponsibility for Dr. Conrad Murray.

"You have to show that the doctor knew about all of these other doctors prescribing these other drugs," said one Los Angeles deputy district attorney who prosecutes doctors. "It's a classic problem."

Murray, who reportedly admitted to police that he administered the anesthetic, has not been charged.

Search warrants served to Murray indicate he's the target of a manslaughter investigation.

Although many anesthesiologists say it's negligent and unusual for a doctor to administer Propofol in a home

without proper monitoring, legal experts say that fact alone might not be

enough to prosecute Murray for more than an administrative-code infraction if it can't be proven that the Propofol alone was what killed him.

According to the Los Angeles Times, Jackson's toxicology report revealed a few drugs, such as the anti-depressant Xanax, in addition to Propofol. Legal experts say this helps explain why, seven weeks after Jackson's death, no charges have been filed and authorities are staying mum. **METRO NEWS SERVICES**



Jon and Kate in babysitter dispute

OVERREACTING? Jon Gosselin is speaking out about an incident that had his estranged wife Kate calling the cops and crying on Thursday, calling it a "miscommunication," people.com reports.

On Thursday, police were called to the family's Wernersville, Pa., home after Kate showed up with concerns over the babysitter caring for her children. But she was denied access to the proper-

ty because of her custody agreement.

"She tried to 'cry it up' with the cops and it didn't work," Jon said. "They said, 'You have to leave.'" According to the reality star, police called the incident a "civil matter."

Kate then left on her own accord. Jon says he

called a babysitter, Stephanie Santoro, to watch the children because he had to "get things done."

Kate, apparently, wasn't thrilled with the babysitter he hired. "I have no idea (why she was unhappy). I guess (because) she didn't have approval. I didn't come home when she had custody and make a big stink. We're good judges of taking care of our kids and when we need babysitters, we need babysitters."

Kate Gosselin had no comment on the matter. **METRO NEWS SERVICES**



Rustic wedding bells for Alyssa

HAPPILY EVER AFTER With nature and family as themes, actress Alyssa Milano wed Hollywood agent David Bugliari at his family's estate in New Jersey on Saturday, her rep confirms to people.com.

Milano, wearing a custom Vera Wang gown and holding a bouquet of lilies of the valley, walked down an aisle strewn with cream-coloured rose petals and grass to the tune of John Lennon's Imagine.

The couple exchanged

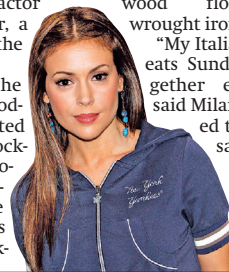
vows under a wrought-iron gazebo decorated with willow, calla lilies and roses. Among the guests was actor Bradley Cooper, a friend of the groom's.

Following the ceremony, wooden signs directed guests to the cocktail area, decorated with rattan furniture and hay bales serving as cock-

tail tables.

Dinner was served family style on rustic farmhouse tables in a tent with wood flooring and wrought iron chandeliers. "My Italian family still eats Sunday dinner together every week," said Milano. "We wanted to capture the same feeling."

METRO NEWS SERVICES



YOU COULD **WIN** A TRIP FOR 2 TO MONTREAL AND ATTEND NASCAR!

REST IN PIECES

THE FINAL DESTINATION
DEATH SAVED THE BEST FOR 3D

AUGUST 28
IN THEATRES AUGUST 28

ENTER FOR YOUR CHANCE TO WIN! metronews.ca

No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes August 21, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca



Yummy! **metro's kooolest**
The Best Halifax has to Offer

Metro News and Kool 96.5 want YOU to weigh in on the city's coolest places to eat, party, shop — you name it! Go to metronews.ca or kool965fm.ca to register your choice for this month's category: **Metro's Kooolest Fish and Chips!** One lucky player will win a prize pack valued at over \$100!



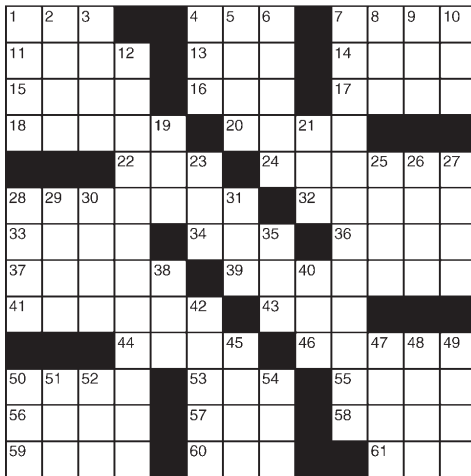
We Play Anything
KOOL 96.5 FM

Mary J. joins Idol judging panel

NEW ADDITION Mary J. Blige will meet up with American Idol in Atlanta for show auditions, people.com reports. On Friday, the show wrapped up auditions in Boston, where Victoria Beckham

has been filling Paula Abdul's spot. **METRO NEWS SERVICES**

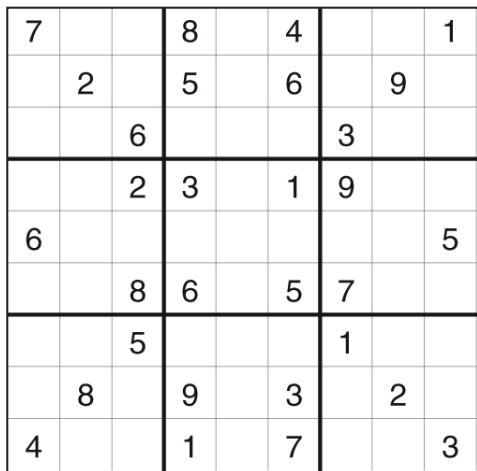


For more delicious Metro recipes, visit: metronews.ca/food

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



ACROSS

1 Trophy room, maybe
4 Recede
7 Bloke
11 Oil cartel
13 The Red or the Black
14 Inauguration recitation
15 "Arrivederci"
16 Faux —
17 Secondhand
18 Wash the pots
20 Potter's oven
22 Pinch
24 Its capital is Riga
28 Twisted treat
32 Existence
33 Ireland
34 Talk on and on
36 Get up
37 Blazing
39 Round pegs in square holes
41 "Am I my brother's —?"
43 Sock part
44 Related (to)
46 Shrivel
50 Unite

53 Gripe repeatedly
55 Frat party garb
56 Reed instrument
57 Hot tub
58 Break suddenly
59 Traps
60 Conger, for one
61 Mag. staffers

DOWN

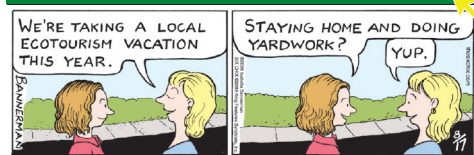
1 Medics
2 Grand tale
3 In the vicinity
4 Kreskin's claim
5 Duck's promise
6 Pesto ingredient
7 Makes money?
8 Owns
9 Noshed
10 Third degree?
12 Bedspreads
19 Occupation, for short
21 Science room
23 Mrs. Al Bundy

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



2	7	6	4	8	1	5	9	3
3	5	8	7	2	9	6	4	1
9	4	1	5	3	6	2	7	8
5	3	4	2	6	7	1	8	9
8	2	9	1	4	3	7	6	5
1	6	7	8	9	5	4	3	2
4	1	3	9	7	2	8	5	6
7	9	5	6	1	8	3	2	4
6	8	2	3	5	4	9	1	7

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day



Three-Cheese Potato Soufflé

INGREDIENTS:

4 cups (1 l) mashed potatoes (without added milk and butter)
1 cup (250 ml) skim milk
1 cup (250 ml) shredded cheddar cheese
2/3 cup (150 ml) shredded Swiss cheese
1/3 cup (75 ml) shredded Parmesan cheese
1/3 cup (75 ml) chopped scallions
1 small onion, chopped
1 1/4 tsp (6 ml) salt
1/4 tsp (1 ml) pepper
4 eggs, separated

METHOD:

1. In a large bowl, combine the potatoes, milk, cheeses, onions, salt

and pepper. Beat egg yolks; stir into potato mixture.

2. In a small mixing bowl, beat egg whites until stiff peaks form; gently fold into potato mixture.
3. Transfer to a 2-qt. (2-l) soufflé dish coated with nonstick cooking spray. Bake, uncovered, at 375 F (190 C) for 40-45 minutes or until golden. Serve immediately.

SERVES 12

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton sallybrompton.comFor Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20



You're no stranger to hard work and as of today you'll begin to enjoy the fruit of your labour. You'll also find it easier to work with difficult people.

LIBRA

SEPT 23-OCT 23



You may have been in the dark of late but as of today you will understand what has been going on and why you were kept out of the loop.

TAURUS

APRIL 21-MAY 21



You'll experience one of those "Eureka!" moments today. Out of nowhere you'll see the pattern that you have somehow missed these past few weeks.

SCORPIO

OCT 24-NOV 22



It may have been hard to explain why you believe certain apparently illogical things, but as of today you'll find ways to rationalize your beliefs.

GEMINI

MAY 22-JUNE 21



You may have found it hard to confide in people recently but the cosmic picture is changing and you can explain to others what's worrying you and why.

SAGITTARIUS

NOV 23-DEC 21



You have held back from letting certain people know what you think of them. Now you can tell them in no uncertain terms what your feelings are.

CANCER

JUNE 22-JULY 22



Even if you can usually turn on the charm you may have found it hard recently to communicate feelings — but no more. Say what's on your mind today.

CAPRICORN

DEC 22-JAN 20



You rarely leave anything to chance and the cosmic setup means you'll know with absolute certainty that what you are doing is right and ethical.

LEO

JULY 23-AUG 23



You owe someone a favour and if you go out of your way to make good on it today you'll discharge your debt and they may even end up owing you.

AQUARIUS

JAN 21-FEB 18



If you are having second thoughts about a deal, you can still back out of it — now. After today you'll be expected to uphold your end of the pact.

VIRGO

AUG 24-SEPT 22



You can now see things as they are. If you have been deceiving yourself as to the true nature of your situation the scales will fall from your eyes today.

PISCES

FEB 19-MARCH 20



Don't worry if it's been hard to get through to loved ones recently. Today's cosmic setup will help you find the words to unlock the emotional impasse.

FLIGHT CENTRE Unbeatable

JAMAICA 4-STAR

\$849

FROM + taxes & fees \$277

INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom.

1 866 967 5402 | flightcentre.ca

Conditions apply. Ex. Halifax Package prices are per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, HST and fuel supplements and are approximate and subject to change.

HAKIM OPTICAL
2 PAIR \$199
FROM
back with hot looks!
PLUS! UPGRADE to Polarized Rx Sunglasses ONLY \$75
Over 150 Discount Outlets... 110 One Hour In-Store Labs
For nearest location call: 1-877-524-2020 • www.hakimoptical.ca

WORDY GURDY®

BY TRICKY RICKY KANE

1. Lower a Wise piece into salsa (1)

2. Select hints to a puzzle (1)

3. Book leaf on rain-measuring device (1)

4. "NBA star Bryant, meet actor Maguire" (2)

5. Racehorse raiser's woods for chests (2)

6. Minister's showy fall flowers (2)

7. Inside scoop on a "High Noon" final duel (2)

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

© 2009 United Feature Syndicate, Inc.

ANSWERS
1. DIP CHIP 2. CHOOSE CLOVES 3. GAUGE PAGE 4. ROBE TORREY
5. BREEZERS CEPHAS 6. PASTORS ASTERS 7. SHOWNOW LOWDOWN
8-17-09

[illegible]